

MOUNALIFE

The Source Through You

“Let the beauty of what you love be what you do.”

— Rumi

THE STEWARD PATH

What moves through you

The Source Through You moves people the way first love does — wholly, entirely — and pours out of them into every life they meet.

As a Steward you hold the room. Seven weeks, a small group of 7 to 18, entirely online — your people joining from wherever they are in the world — one course opened together, one video drawn deeper each week. Your clients live each video on their own; with you they take it further, into their Monday mornings, their hard conversations, the ordinary hours where a life is actually lived. Together you draw out how each person is already carrying it into their days, and you support them deeper still — every experience their own.

There is no ceiling on how far it reaches. The deeper they feel it, the clearer The Source Through You moves through them — through how they meet a person, hold a hard hour, cross an ordinary day. And each time you hold the room, the same clears the path in you: the more moves through you, the fuller your own life turns.

You are the frame. Your presence keeps the space open — wide enough for grief, laughter, a long unravelling quiet — and steady enough that it never comes apart. You feel when to speak and when to let a silence stretch. You catch the flicker someone did not mean to show.

What follows lays the whole path before you — what you hold, what you earn, what you step into, and how the path rises. Read it in your own time.

1 • What a Steward does

You host MounaLife Group Journeys — a seven-week journey through one MounaLife course, guided in a small group of 7 to 18, entirely online over seven live meetings of 90 minutes. Your people join from wherever they are in the world; the room is virtual, and it reaches as far as your voice does.

The rhythm of a journey

Each week draws one video into the light. On their own, in private, your people watch that week's video and sit with its workbook — unhurried, in the quiet of their own hours, letting what opens in them settle before they arrive. Each Key Drop moves like a film, and the tools live inside the story — felt before they are named, already working in someone long before they could explain why.

When you gather them live, the course meets a real life — this Monday morning, this hard conversation, this drive home in the dark — and together you draw out how each person is already living it: where The Source Through You moved through them, and where it waits quietly still. One brings a doubt, another something they can only call a miracle — and in the hearing of it, each person's own experience deepens, sharpened and multiplied by the others, the room holding more together than anyone carried in.

Some rooms want to keep walking together between meetings. In the first live meeting you can offer them that — a space of their own to stay in touch and move alongside each other, held cleanly and by their own choice, with their privacy their own to keep. You point the way; you do not stand inside it. The room remains theirs.

Between one meeting and the next, the video keeps unfolding in them, and what moved in the room stays alive — quietly reshaping their ordinary days until the next time you gather.

As you rise, the room can grow — and it grows through breakout rooms, never by crowding many voices into one space. Smaller groups within the room let more people reach real depth and trade real experience, then bring it back to the whole. The larger rooms run on Zoom Pro and its breakout rooms — an investment of your own that pays for itself many times over as your room grows.

The Group Journey at a glance

Length	7 weeks · one video drawn deeper each week
Live meetings	7 live online meetings, 90 minutes each
Group size	7 to 18 people (larger rooms open as you rise)
Where	Entirely online. Your people join from anywhere in the world.
Format	Your people live each video privately beforehand; together you go deeper in the live meeting. Each meeting runs a full 90 minutes, which asks for a paid Zoom plan; the free 40-minute cap does not carry a journey.
Language	You host in your language; the material is always English.
Platform	Everything runs on your own MounaLife page — a mounalife.com address built for you, with booking, payment and your personal link. You need no website of your own, and the material lives only there, never carried onto any other site.

2 · How a journey runs

You host only what you have lived. Before you open a journey, you own the course as a client and move through it yourself — this is how you come to hold it, and only then do you host it for others.

Opening a journey is one seamless step. In your dashboard you choose a course you have lived; if it is not yet yours, it is placed in your basket and you complete it there. You then set the date and the hour yourself — you decide when your journey runs — and it goes live under your own name, and in the same moment its facilitation companion opens to you, the map you host from. From then your people can book it; the date you fixed is visible from the start, so anyone can plan around it.

Filling the room is yours to do. You draw your own clients through your own link. A journey needs at least five who commit before it runs; below that it does not open, and everyone who booked is returned in full. Aim higher — seven or more gives a room its momentum. As a Steward your room holds up to 18; as you rise, that ceiling rises with you, always through breakout rooms and never by crowding. Your share reaches you once the fifth place is confirmed and the journey is set to run — that is the moment a journey becomes real.

When the seven weeks close, the room closes with it. You host what you hold; nothing sits open that you are not actively carrying.

Each person joins through the course itself. To take part, everyone in your room owns that course as a Key Drop — the journey is the living deepening of a course they hold, never a substitute for it. Both are theirs: the Key Drop to keep and return to, the journey to walk together with you.

What is asked of every room

- The room is yours to fill, from your own clients. MounaLife builds and delivers the material; the trust that fills the seats is already yours.
- The room is yours to answer for. You host on your own account, and what is shared inside it stays inside it. No meeting is ever recorded — recording a journey in any form is never permitted; the people who open to you are trusting you, and presence lives only in the room.
- Your standing is measured. After every journey, the people you held rate what they lived. That standing is how you rise — and it is watched. A room that consistently falls short eases a rank back until it is restored.

The practice you keep

Stewardship is a living practice, held all year, not a title that rests. Each year of your licence asks for at least twelve journeys, with at least five of them in the first half of your licence year and the rest across the second. This holds at every rank. It is what keeps your hand practised, your rooms alive, and your name known as a Steward who truly hosts. The number is a floor, never a ceiling.

If the first five are out of reach within that first half, you reach out at least fourteen days before it closes, and we find the way forward together — support is always offered, and true force majeure is looked at personally, with care. Without that word from you, the license closes at the half-year mark, quietly and without refund.

3 · What you receive

Your license is the right to host — and the whole apparatus that makes hosting effortless. Years of refining stand behind it; you build none of it, you step into it and lead in your own name.

- The right to host MounaLife Group Journeys commercially, under the MounaLife name.
- Your own personal MounaLife page — your own mounalife.com address, with booking, tracking, your personal link, and the payout that reaches you directly. No website to build, nothing to host yourself.
- The facilitation companion for every course you host — not a script but a map: the arc of each video, the body tool, the questions that open a room. It opens to you the moment you open a journey to that course. You lead it in your own voice.
- The brand in your hands — language and templates ready for your own.
- Your standing, provable — Certified MounaLife Steward, held in the register.

The courses themselves you hold as a client — each Key Drop you wish to host, you first live through and own, as anyone does. Owning it is what makes it yours to host, and opening a journey to it unlocks its companion.

4 · How you earn

You gain your own clients and host your own journeys. What comes to you is paid through the MounaLife platform, directly — no wage, no waiting.

Here MounaLife is openly different. In most systems your share is trimmed the moment a client returns — full reward for a first sale, little or nothing when the same person comes back. We hold the opposite. The relationship you build is yours, and you share in everything it brings: not only the journey you host, but every step your people take afterward.

You share in all of it

- The journeys you host. Your core — a full seven-week Group Journey, filled and held by you. Your share reaches you once the fifth place is confirmed and the journey is set to run.
- Every journey they book again. When someone you have gained returns for another journey, you share in it — the first time, and every time after.
- Every course they reach for. When your people buy a Key Drop on their own through your personal link — even long after a journey ends — a share returns to you too, directly and at once.

This is the reward of real relationship, and it belongs to the active Steward. It flows for as long as you host and hold your license; it is the living return of a practice, never a pension for stepping away.

What this can mean

A first room of ten, at the entry share, already carries you past your investment — and a single full room of eighteen returns it several times over, with everything your people buy beyond it added on top. The exact figures — your share at each rank, and how each stream returns — we walk through together once your application is received and the fit is real. This path is entrusted in person, not downloaded.

5 · What it costs

Stewardship runs on a one-time entry and an annual license. What it buys is the right to host and the whole system behind it — not the courses, which you hold as a client like anyone else.

To begin (one-time)	\$2'900 + \$600	Your right to host, the platform and system, your standing, and your first annual license.
Annual license (from year two)	\$600	Platform, system, register, brand and standing — renewed each year.
Senior unlock (one-time)	\$998	Paid only on reaching Senior Steward — opens the three foundational courses and larger rooms with breakout rooms.
Master unlock (one-time)	\$1'500	Paid only on reaching Master Steward — opens the 32 Paths of Wisdom, Distributor rights, and the largest rooms, toward some 100 courses in all.

All payments are final and non-refundable.

What the investment really is

This is a real investment, and it is meant to be. It is not a fee for access — it is the entry into a living practice that pays. A single room, well held, already carries the whole of it back to you, and everything beyond that is yours. What you put in at the start, an active year returns many times over — not as a promise on paper, but as the plain arithmetic of rooms held and people served. The figures we walk through together, so you see for yourself exactly what a filled room, and a full year, can mean.

The first Stewards enter on the founding terms. As the path proves itself and the register fills, both the entry and the annual license may rise. Those who step in now hold their place in the register ahead of everyone who follows.

6 · The path rises with you

You begin as a Steward. As the journeys you've held grow and the people you've touched speak for you, you rise — Senior Steward, then Master Steward. The path is built to sit alongside your working life: you begin with a single journey beside your work, and grow it at your own pace — one activity among your own, run whenever and however much you choose.

At Senior, three foundational courses open to you, and they reach straight into your own life — a remembering of what is your birthright: the moment your grip loosens, the moment you let go without giving up, the gates open and it all pours in — everything your soul knows is hers — and The Source Through You runs clear in you, there in plain sight, your constant companion. At Master, the 32 Paths of Wisdom open, along with the freedom to shape your own MounaLife journeys, the welcome of other Stewards beside you, and the reach of a Distributor carrying MounaLife to organisations.

You cannot buy your way up. Each rise is earned — measured in depth, in care, in the lives you've touched — and your share of what you bring in rises with it. What you earn grows as you evolve. So does your reach: at every rank your room can hold more, always through breakout rooms and never by crowding, so growth and depth rise together.

Rank	What opens	What it asks
Steward	All Key Drops · rooms up to 18	Your entry · the standard held from your first journey
Senior Steward	+ the three foundational courses · rooms up to 30 with 5 breakout rooms · Senior unlock	32 journeys held · rating ≥ 4.5 · charter kept clean
Master Steward	+ the 32 Paths of Wisdom · Distributor rights (B2B) · rooms up to 49 with 7 breakout rooms · Master unlock	48 journeys held · rating ≥ 4.7 · 2+ years · few withdrawn journeys

How you rise

You rise by the count of journeys you have held, the standing your people give you, and a charter kept clean. Reach the mark, settle the unlock for that rank, and you step up. The numbers are a floor, not a ceiling — many hold far more before they feel ready, and that only makes the rise surer.

A rank is a living standard, not a title kept for life. Holding any rank asks for real practice — at least twelve journeys a year, with at least five in the first half of your licence year and the rest thereafter, held throughout the year and not gathered at the end. A quiet stretch or quality falling well below the mark eases a rank back one step until it is met again.

7 • Beyond Senior Steward

At Senior Steward, the three foundational courses open to you, and your rooms grow — up to 30, with breakout rooms holding the depth as the numbers rise.

At Master Steward, further paths open, each one a choice, never a demand:

- Your own journeys — the freedom to shape longer or deeper MounaLife journeys of your own.
- Bringing others in — recommend a Steward you believe in; when they are accepted and pass, a gift comes to you, never money and never a cut of what they earn.
- Distribution — an optional second role: to carry MounaLife to individuals and to organisations, B2B, as an Authorized Distributor alongside your hosting. This reach begins only at Master; before then, MounaLife is carried to people, never pitched to organisations. Full terms shared with Master Stewards.

The path is built to sit alongside your working life — a single journey beside your work to begin with, and grown at your own pace, always one of your own activities among others.

A Spanish edition is on the way — the full path with Spanish subtitles and Spanish workbooks, so you can one day host in Spanish as naturally as in English.

8 · How you host

You run your own independent practice. This is a license to host MounaLife under your own name — not employment. What that means for you:

- You host under your own name, in your own voice, on your own hours, through your own personal MounaLife page and your own video account.
- You gain your own clients, through your own channels and your own community.
- You host on your own video account. A full 90-minute meeting and breakout rooms both ask for Zoom Pro — your own investment, and one that pays for itself many times over as your room grows.
- You register as self-employed (in Switzerland, with the AHV; elsewhere, the local equivalent) and manage your own taxes and obligations.
- You are free to run your own separate offerings outside MounaLife. Inside a MounaLife journey, only MounaLife.

9 · What is asked of you

A few boundaries protect the people who come to you, and the material itself:

- Host the journey as it is meant to be held. The material stays as it is — unaltered, undiluted, unmixed with other methods inside a MounaLife journey.
- Keep every meeting unrecorded. A journey is never captured in any form; its presence lives only in the room.
- Keep the material where it belongs. It is hosted only through your MounaLife page, and never carried onto any website or platform of your own.
- Keep the language clean. Certain words are never used in MounaLife (among them vibration, healing, enlightenment, aura, chakra). The full list comes with your onboarding.
- Make no promise of cure. A MounaLife journey is personal development, never treatment. You never present it as a remedy for illness or a substitute for medical or psychological care, and when someone carries a serious struggle, you gently point them toward a qualified professional.
- Bring people to MounaLife, never draw MounaLife participants away into your own separate offering.
- Hold the standard of care and quality every journey is measured by.

The full terms, including the standard of quality and the boundaries above, come in your Steward agreement.

10 · Renewal, and if your license ends

The annual license renews on its own each year, on the anniversary of your start. To let it close, you give notice at least one month before the next twelve-month cycle begins; otherwise it renews for another year. There is no refund within a cycle already begun.

You hold the material through your license, not as property. Should your license end — by your own choice, by non-renewal, or by withdrawal — your access to the licensed material ends with it. MounaLife may also end a license where the agreement is broken.

What stays yours: any course you have bought separately, as a client, is yours to keep — that belongs to your own personal journey, not to the license.

The Steward agreement is signed online with a validated qualified electronic signature, which under Swiss law stands equal to a signature by hand. You host as an independent Steward and answer for your own journeys in full; MounaLife carries no responsibility for how you host or for what unfolds in your rooms. The agreement is binding, and holding to it is what keeps the path open.

11 · Whether this is yours to hold

You know the Key Drops from the inside. You've moved through them, and you watched your life open — naturally, easily, never by force — simply by setting down the weight you'd held so long you'd stopped feeling it. You know now that The Source Through You is real, and that you've been given the chance to remember it. The Source, moving through you, clear.

Letting go has a feeling you recognise — the moment you stop holding on, and life meets you. Doors you never pushed swing open. From that fullness you choose what serves your soul's path forward.

Even in the hard hours, The Source Through You holds you. So there's space in you — and you see the person in front of you: what they leave unspoken, the shift in their breath, the moment they begin to look away. You know what this feels like, right?

This is the ground a Steward stands on. If it's yours, you feel it as you read. If it lies ahead of you still, the path opens the same way it opened for everyone: inside the Key Drops, as a person, moving through them yourself.

The entrance

Stewardship is entrusted with care, and not to just anyone — because the people who come to you deserve someone real, and this material deserves hands that will honour it.

Below you'll find nothing more to read — only the step. If it calls you, you apply, and we meet.

APPLY TO BECOME A STEWARD

or open mounalife.com/steward-application